



**Corner Stone**  
assisted living community  
40 Orange Tree Circle  
Vacaville, CA 95687

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assisted living community

License #486803484

40 Orange Tree Circle • Vacaville, CA 95687  
Phone: (707) 999-5029 • Fax: (707) 455-8888

December 2020



**MANAGEMENT TEAM:**

*SHELLEY REYES - Administrator*

*EIRA REA SANTOS - Marketing Director*

*JOLENE BARNETT - Care Coordinator*

*ALONDRA GARCIA - Dietary Supervisor*

*CHANTEL REYES - Community Relations  
Director*

*LOURDES DUNHAM - Activity Director*

*SIGRID LECKIE - Activities Assistant*

*IRENE HERYFORD - Medical Records*

*FRED STAGE - Bus/Van Driver*

*RICH SALCIDO - Maintenance*

*LUZ PACHECO - Housekeeping Supervisor*



Greetings to all,

Wishing you all the timeless treasures of Christmas, the warmth of a home, the love of family, and the company of good friends. May you never be too grown up to search the skies on Christmas Eve.

A little more sparkle, a little less stress. This Christmas, I wish you the best.

We all wish for peace and love to reign. Our hopes are that this pandemic ends and families can reunite once again.

May you have a Happy and safe Christmas and may the New Year bring all of us Joy.

Sincerely,  
Shelley Reyes  
Administrator





**Activities Department**  
**Lourdes and Sigrid**  
 (707) 999-5025

**Meet Me Under the Mistletoe**

Exchanging a smooch under a hanging sprig of mistletoe is a longtime holiday tradition. In December 2019, at an event in St. Louis, 480 couples set a world record for the most pairs at one spot to pucker up under the seasonal plant.

**December Highlights:**

- 12/03 DECK THE HALLS
- 12/04 LET'S TRIM THE CHRISTMAS TREE
- 12/05 CHRISTMAS MOVIE Marathon
- 12/11 REINDEER Ring Toss Staff Merry Fun Game
- 12/14 Jeremiah (Staff) on the PIANO (Sing-Along)
- 12/15 CAROLING DAY with RESIDENTS
- 12/16 RESIDENTS Singing CHRISTMAS CAROLS
- 12/17 - STAFF PARTY
- 12/18 - RESIDENT CHRISTMAS DINNER
- 12/22- CANDY CANE/LOLLIPOP LANE
- 12/31 - NEW YEAR'S EVE PARTY - Sparkling Wine and Cheese Party (Ring in the New Year). Theme: Gold or Silver.

**Check on Us on Facebook and Instagram**



**Residents' Christmas Dinner**

Friday, December 18  
 4-5pm -First Group  
 5-6pm -Second Group

**Reminder:**

**Dollar A Card Day**  
 Friday, December 18  
 1:15pm

Located in the Activity Room and Library.

We will have many limited Christmas parties for our residents this year (not more than ten, social distancing and masks on). We are looking forward to happy, jolly performances by our staff, singing Christmas carols together, and playing fun Christmas games!

**Let's Bake!**

We will be whipping up scrumptious holiday sweets this month, and we invite you to help us bake, decorate and, of course, taste the yummy treats!

**Ring in the New Year**

Another year is almost in the books! We're celebrating New Year's Eve in style, so make plans to join us for a grand celebration.



**Tastes of the Season**

Just one sip of a seasonal beverage or a bite of a decadent dessert can put you in a holiday mood. Celebrate all month long with these favorite flavors:

**Peppermint.** From the classic candy cane to peppermint bark, the vibrant taste of peppermint adds a dash of festive flair to all kinds of sweet treats. It's often swirled into cocoa or coffee beverages for a refreshing pick-me-up.

**Hot cocoa.** There may be no better way to warm up on a cold winter's day than with a mug of hot chocolate sprinkled with marshmallows. In addition to drinking it, you can indulge in hot cocoa-flavored candies, cookies, ice cream and popcorn.

**Gingerbread.** Combining ginger with other spices results in one of the season's tastiest traditions. Making cookies and decorating gingerbread houses are whimsical ways to enjoy this holiday flavor.

**Eggnog.** This rich, creamy beverage has been adapted into recipes for cookies, cakes, ice cream and candies, all celebrating the drink's scrumptious blend of vanilla, nutmeg and cinnamon.



**Welcome to Our Newest Residents!**



**Elizabeth C.**  
**Physllis W.**  
**Dorothy B.**  
**Doris E.**

We are proud to have so many wonderful residents here at our community! You get a special feeling each time you walk through the property and see so many friendly faces. If you see one of our new residents, stop and say "Hello!" *Anyone can be a neighbor, but it takes a special person to be a friend.*



**Dr. Appointment Schedule**

- Please be advised in regards to our Doctor's Appointment Schedule:
- Available days of the week are: Monday, Tuesday, Wednesday and Thursday only.

If you have any questions or concerns, please call:  
 Nurse's Station or  
 Irene (Medical Records)

**Social Distance/Mask On**

**Laugh Away the Winter Blahs**

If you find yourself with a case of the winter blahs, try watching a comedy or chatting with a funny friend. Studies show that laughter causes your brain to release mood-lifting endorphins.

Reminiscing about heartwarming memories can actually make us feel warmer. Researchers found that when people focused on remembering a nostalgic event from their lives versus an ordinary memory, they were better able to tolerate the cold and perceived a room's temperature to be higher than it was.

**Community Food Drive**

We're helping fight hunger in our surrounding community by collecting canned goods and other nonperishable items. A list of requested items is available at the front desk, where you can drop off donations as well. Thank you!

**Layered in Warmth**

Older adults are more sensitive to cold weather, yet may not notice their body temperature dropping. The best way to stay warm is to dress in layers, even when indoors.



**ODD ORNAMENTS**

*We have 2 daughters and they presented us with 2 grandchildren each, beginning in 1991. None have married yet, but are close to it!! When they were born, I thought, "What could I give them for Christmas that would be in addition to their regular present?" I came up with "an ornament" ... not too original was my thought. But some years, I gave silly ornaments and some years, more sentimental ornaments. Each ornament meant something to the child (and now, as an adult). There has been a deer for the hunter, school theme for the teacher, etc. I've done that every year, and this year is no different, except they all got the same theme, The Pandemic ornament! Their ornament was a figure holding a roll of toilet paper and a bottle of Lysol!!*

*Merry Christmas and may we always remember the Pandemic of 2020. I hope someday they can explain to their offspring what the Pandemic of 2020 meant to them, and to all of us.*

*Stay safe everyone,  
 Betty W. (resident)*