

# Cornerstone

assisted living community

License #486803484

40 Orange Tree Circle • Vacaville, CA 95687  
Phone: (707) 999-5029 • Fax: (707) 455-8888



## MANAGEMENT TEAM:

**SHELLEY REYES** - Executive Director

**EIRA REA SANTOS** - Director of  
Resident Development

**IRENE HERYFORD** - Care Coordinator

**ALONDRA GARCIA** - Dietary Supervisor

**LOURDES DUNHAM** - Activity Director

**DIGNA MAGLALANG** - Medical Records

**RICH SALCIDO** - Driver/Maintenance

**LUZ PACHECO** - Housekeeping Supervisor

## A Fruitful Future

"Let us learn to appreciate there will be times when the trees will be bare, and look forward to the time when we may pick the fruit." — Anton Chekhov



## December 2021



*Happy Holidays from everyone at Cornerstone Assisted Living. We are ready to celebrate the season's festivities with a plentiful amount of cheer. With current restrictions and guidelines, unfortunately, we are unable to invite friends and families into Cornerstone Assisted Living for our Annual Christmas Gathering. We wish you the best and most magical of seasons, from our family to yours. We hope your holidays will be filled with joy and laughter through the New Year.*

## Holiday Drive-by

This Holiday Season, we are encouraging our residents' family members and friends to come by and share their holiday spirit by decorating your car and playing holiday music while driving through our **porte-cochère** and bringing your Christmas cheer. You can schedule your Family's Drive-by for December at the front desk, Monday through Friday, 9:00am to 4:30 pm.

## DOOR-DECORATING CONTEST

Best Decorated Doors this month.

Be creative, add a splash of seasonal decorations and a sweet box of goodies awaits the winners.

### Activities Department

Lourdes and Jc  
(707) 999-5025



### **December Greetings**

Hello and welcome to the busiest month of the year! I would like to wish our residents and their families a joyous season full of peace and love. Happy holidays!

*We are hoping that 2022 will be a better year where we can once again have the Christmas Party for the residents and families as well as for our staff.*

*Again, we will be hosting our annual Christmas party for staff only during the daytime, and we will be hosting smaller, more intimate parties for our beloved residents.*

*Thank you everyone for your understanding and continued cooperation during these times. Have a happy and safe holiday season!*

### **Highlighted Events:**

#### **Staff Christmas Party**

Dec. 17th/Friday  
1-3pm

#### **Residents' Christmas Dinner**

Dec. 21st/Tuesday  
3:30

#### **Santa is Coming To Town!**

Dec. 15, 2021  
at 11:30

### **Ring in the New Year - WEAR: SILVER or GOLD**

We're celebrating New Year's Eve in style, so make plans to join us! This is the second year of not being able to have our families and friends joining in on the community fun, but we will make the most of it by celebrating this year again. We hope and pray that in 2022 we are able to go back to the gatherings we miss so much!

**Welcoming 2022  
December 31st/Friday  
at 3:00pm**



### **A Fruitful New Year**

To fill up on good luck, some revelers welcome the New Year by gobbling up grapes. The Spanish tradition of eating 12 grapes, one for each month of the year ahead, dates to around the 1900s and increasingly has become part of holiday celebrations around the world.

### **Peace on Earth**

Season's Greetings, everyone! Christmas, Hanukkah, Kwanzaa—whatever holiday you're celebrating, we hope it's safe and joyful! Happy Holidays!



### **Dan and Barbara H - 70th Wedding Anniversary**

Dan & Barbara Hughes met in their early teens while attending Arroyo Grande High School. On February 14th, 1948, they began going steady. Three years later on December 27th, 1951, they were married in Grover City, CA. In 1954, they would welcome their first child, Danny. Then came their second child, Terry in 1956, their third, Dilenna, in 1957, and finally, Barbie in 1960. The family of six was complete. Dan and Barbara's family has grown to 12 grandchildren, 18 great-grandchildren and 1 on the way. They will celebrate 70 years of marriage on December 27th, 2021. We wish them a wonderful 70th anniversary!







## Jean and Elsie Allen - The Pomo Native

When our resident Jean moved to Ukiah, CA in 1967, she had the privilege of having Annie Lake as her neighbor. Annie was a Pomo Native and relative to Elsie Allen. If you haven't heard of Elsie Allen, go ahead and Google her. She was a prominent figure for her native Pomo tribe and was a female chief. She was a very well known basket-weaver and as Jean recalls, she helped give her a ride to the airport (as most natives did not drive) to go to the Smithsonian Institute for a

native demonstration of her basket-weaving skills and cultural knowledge.



Annie Lake and Jean pictured in Redwood Valley

## Season of Giving

"The measure of your life will not be in what you accumulate, but in what you give away." — Wayne Dyer

## Face Mask Policy

When visiting our community, please wear a face mask and make sure it covers your nose and mouth. Wearing a mask reduces the risk of spreading infection and helps protect our residents and staff. Thank you for your cooperation.

## We're on Social Media!

Did you know we're on Facebook and Instagram? Search our community name and follow us for important updates and community happenings, especially this holiday season.

@CornerstoneAssistedLiving

## Community Food Drive

We're helping to fight hunger in our surrounding communities and we'll be collecting canned goods and other nonperishable items. You can drop off the goods at the front desk as well as donations. For questions or more information, please feel free to give us a call. Share and express how much you care during this giving season. Thank you!



## Home for the Holidays

The holiday season is upon us, featuring lots of festive celebrations! If you are planning on taking your loved ones home for the holidays, please call or stop by the front desk to let us know the dates and times they will be out of the building. Our residents' safety is our top priority and it is important that we know in advance. Thank you!

## Our Sympathy and Condolences

To the families and friends of those we have lost, from all of us here at Cornerstone Assisted Living, we give our love and sympathy. They will be truly missed.

Marie F.  
James T.  
Martha H.  
Shizu Worth  
Ann R.  
Dorothy S.  
Phyllis W.



Christmas Movie Marathon on the Big Screen:

- 12/4 - CHRISTMAS CARD
- 12/11-CHRISTMAS with the KRANKS
- 12/18-The ROCKETTES
- 12/25-WHITE CHRISTMAS

# A New Year, A New Start

HAPPY  
NEW YEAR  
to all our residents.



Here's hoping the  
next 12 months  
bring you joy, peace  
and prosperity.

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