



assisted living com	nmunity			Exercise	Arts and Crafts Activ	ity Room
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
appy Birthday August Babies: 8/04 BEVERLY S. 8/07 GERI C. 8/24 CHARLENE D. Staff: 8/04 Angelita M. (Medtech) 8/16 Steve A. (server) 8/21 Celina H. (caregiver) 8/21 Shelley R. (Executive Director)	All Events Are Subject to Change	8/19 - Aloha! Hula Dancers by Island Praise	Room	Share	U.S. Air Force Day 9:00 Morning Stretch & Stretch Bands € 10:00 Trip to: ROWLAND FREEDOM CENTER 1:15 NICKEL BINGO ★ 3:00 Happy Hour/Social Hour/Raffle ★	9:00 Morning Stretch 10:00 NICKEL BINGO★ 1:30 Movie Matinee 3:00 Board Game★
Praising the Lord with Sam ★ 9:00 Morning Stretch 0:00 PICTIONARY 1:15 NICKEL BINGO 3:00 Afternoon Matinee ★	Friendship Day 9:00 Morning Stretch & Stretch Bands 10:00 Friendship Reminiscing over Coffee and Pastries 1:15 DIME BINGO on a MONDAY 3:00 Balloon Volley 4 9:00 Morning Stretch & Stretch Bands 1:15 DIME BINGO on a MONDAY	9:00 Morning Stretch & Stretch Bands 9:30 Shopping Outing: WALMART 1:15 NICKEL BINGO 3:00 Nail and Hand Massage Massage 1:15 Massage	· ·	Purple Heart Day - A Symbol of 7 Bravery 9:00 Morning Stretch & Stretch Bands € 10:00 Trinity Baptist Bible Study with Mike and Karen ★ 1:15 NICKEL BINGO ★ 3:00 Sing-Along (Karaoke) ★	9:00 Morning Stretch & Stretch Bands ≠ 9:30 Country Ride 10:00 Welcome Wagon Visit with Resident Ambassador 1:15 NICKEL BINGO ★ 3:00 Happy Hour/Social Hour/Raffle ★	9:00 Morning Stretch 10:00 NICKEL BINGO 1:30 Movie Matinee 3:00 Book Club led by Joy
owling Day 10 3:30 Praising the Lord with Sam ★ 2:00 Morning Stretch ★ 2:00 Scrabble Game ★ 3:15 NICKEL BINGO ★ 3:00 (Bowling Day) Strike or Spare ★	Complimentary Lunch for Residents Son or Daughter Day- RSVP by 8/3 9:00	9:00 Morning Stretch & Stretch Bands 10:00 Shopping at: Target 1:15 NICKEL BINGO 1:30 POWER HOUR Trip with Michelle 2:30 Brainstorming with Residents and Activities ★	9:00 Morning Stretch & Stretch Bands ≠ 9:30 Hearing Aid Check with Dr. Dimitri (Library) ■ 10:00 Catholic Service ★ 1:15 NICKEL BINGO ★ 2:45 On the Piano with Cindy ≠ 6:00 After Dinner Yahtzee Group ★	9:00 Morning Stretch & Stretch Bands ≠ 10:00 Trinity Baptist Bible Study with Mike and Karen ★ 1:15 NICKEL BINGO ★ 3:00 Needle Work Club led by Marge P★	9:00 Morning Stretch & Stretch Bands € 11:00 Lunch Bunch at China House Vacaville†† 1:15 NICKEL BINGO★ 2:30 Happy Hour/Social Hour/Raffle★ 3:00 TUMBLE WEEDS (Music) €	9:00 Morning Stretch 9:30 New Hope Christian Fellowship with Pastor Curt M. 10:00 NICKEL BINGO★ 1:30 Movie Matinee 3:00 Tell a JOKE Day★
17 2:30 Praising the Lord with Sam ★ 2:00 Morning Stretch ★ 2:00 Rummikub ★ 2:15 NICKEL BINGO ★ 2:00 Afternoon Matinee ★	World Breast Cancer Research Day 9:00 Morning Stretch & Stretch Bands 10:00 Armchair Travel to Hawaii 1:15 DIME BINGO on a MONDAY 3:00 Sip and Paint 18	Passport to HAWAII - Aloha 9:00 Morning Stretch & Stretch Bands 10:30 Entertainment: ISLAND PRAISE Aloha Dancers) 1:15 NICKEL BINGO 3:00 Making Hawaiian Punch	Pecan Day 9:00 Morning Stretch & Stretch Bands 10:00 Tie Dye Project with KYLE J - Anchor Health 1:15 NICKEL BINGO 3:00 Chair Yoga 6:00 After Dinner Yahtzee Group 6	Senior Citizen Day - Ice Cream 21 Truck Treat 9:00 Morning Stretch & Stretch Bands ≠ 10:00 Trinity Baptist Bible Study with Mike and Karen ★ 1:15 NICKEL BINGO ★ 3:00 Ice Cream Treat Social with Michelle ★	9:00 Morning Stretch & Stretch Bands 10:00 Country Ride 1:15 NICKEL BINGO 3:00 Happy Hour/Social Hour/Raffle ↑	9:00 Morning Stretch • 10:00 NICKEL BINGO 1:30 Movie Matinee 3:00 Afternoon Walk
Praising the Lord with Sam ★ 00 Morning Stretch ± 00 Dominoes ★ 15 NICKEL BINGO ★ 00 Summertime - TRIVIA/Reminiscing ★ 31 30 Praising the Lord with Sam ★ 00 Morning Stretch ± 00 Morning Stretch ± 00 Morning Stretch ± 00 Afternoon Matinee ★	9:00 Morning Stretch & Stretch Bands 10:00 Tongue Twister and Spelling Bee 1:15 DIME BINGO on a MONDAY 3:00 Bean Bag Toss 25	9:00 Morning Stretch & Stretch Bands 11:00 Shopping at Dollar Tree 1:15 NICKEL BINGO 3:00 Smoothie Day Treat with Alo ### Alo ### Property of the pr	9:00 Morning Stretch & Stretch Bands € 10:00 RESIDENTS' COUNCIL MEETING ★ 1:15 NICKEL BINGO ★ 3:00 St. Mary's Bible Study with Roseann L. † 6:00 After Dinner Yahtzee Group ★	9:00 Morning Stretch & Stretch Bands € 10:00 Trinity Baptist Bible Study with Mike and Karen ★ 1:15 NICKEL BINGO ★ 3:00 Calendar Fold ★	9:00 Morning Stretch & Stretch Bands € 10:00 Left, Center, Right Dice Game ★ 1:15 NICKEL BINGO ★ 3:00 Happy Hour/Social Hour/Raffle ★	9:00 Morning Stretch 10:00 NICKEL BINGO★ 1:30 Movie Matinee 3:00 Board Game★