



assisted living co	mmunity			Exercise	Meeting Library	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday July Babies: 7/1 BEATRICE S. 7/6 VIVIAN H. 7/9 JERRY M. 7/10 BARBARA K. 7/20 NANCY S. 7/22 DAVID E. 7/25 GERALD L. 7/26 KATHRYN W. 7/28 DOROTHY McM	Happy Birthday Staff: 7/05 Afiya C. (Medtech) 7/13 Michelle C. (Sales Director) 7/27 Richard S (Driver)	9:00 Morning Stretch & Stretch Bands 9:30 Shopping Outing: WALMART □ 1:15 NICKEL BINGO ★ 2:30 Nails and Hand Massage ★ 3:00 Music with Mr. ED	_	la a la	9:00 Morning Stretch & Stretch Bands 9:30 COUNTRY RIDE 10:00 4th of July Trivia 1:15 NICKEL BINGO 2:30 HAPPY HOUR/Bomb POPsicle ↑	9:00 Morning Stretch 9:30 New Hope Christian Fellowship with Paste Curt M. 10:00 NICKEL BINGO★ 1:30 Movie Matinee 3:00 Board Game★
8:30 Praising the Lord with Sam ★ 9:00 Morning Stretch ★ 10:00 Iced Teatime ★ 1:15 NICKEL BINGO ★ 3:00 Afternoon Matinee ★	9:00 Morning Stretch & Stretch Bands 10:00 World Chocolate Day! Trivia and History 1:15 DIME BINGO on a MONDAY 3:00 Pickleball (table game) ★	Stretch Bands 9:30 Shopping at: Burlington 1:15 NICKEL BINGO ★ 3:00 Watermelon Day: Getting to Know You	9:00 Morning Stretch & Stretch Bands 9:30 Hearing Aid Check with Corrine (Library) 10:00 Catholic Service ★ 1:15 NICKEL BINGO ★ 6:00 After Dinner Yahtzee Group ★	9:00 Morning Stretch & Stretch Bands 10:00 Trinity Baptist Bible Study with Mike and Karen 1:15 NICKEL BINGO 3:00 Needle Work Club	9:00 Morning Stretch & Stretch Bands ≠ 9:30 Trip to: Larry's Produce 10:00 Cheer Up the Lonely Day! with Guest Speaker ★ 1:15 NICKEL BINGO ★ 2:30 Happy Hour/Raffle Prizes ★	9:00 Morning Stretch 9:30 New Hope Christian Fellowship with Pasto Curt M. 10:00 NICKEL BINGO 1:30 Movie Matinee 3:00 Board Game
8:30 Praising the Lord with Sam ★ 9:00 Morning Stretch ★ 1:15 NICKEL BINGO★ 3:00 Left Center Right (Dice Game) ★	9:00 Morning Stretch & Stretch Bands 10:00 Armchair Travel to the Philippines ↑	PASSPORT TO PHILIPPINES 9:00 Morning Stretch & Stretch Bands € 10:30 Music by: DJ AL (Tinikling and Bamboo Stick Limbo Rock Dance Contest) € 1:15 NICKEL BINGO ★ 3:00 Cooking Lumpia (Filipino Spring Rolls) ★	9:00 Morning Stretch & Stretch Bands 10:00 Scrabble Game 1:15 NICKEL BINGO 3:00 Chair Yoga 6:00 After Dinner Yahtzee Group ★	9:00 Morning Stretch & Stretch Bands 10:00 Trinity Baptist Bible Study with Mike and Karen 1:15 NICKEL BINGO 3:00 Summer Fruit Charcuterie Board (Mix and Mingle) ↑	Bands 9:30 COUNTRY RIDE 10:00 Spelling Bee and Tongue Twister★	9:00 Morning Stretch 9:30 New Hope Christian Fellowship with Pasto Curt M. 10:00 NICKEL BINGO★ 1:30 Movie Matinee 3:00 Board Game★
8:30 Praising the Lord with Sam ★ 9:00 Morning Stretch ♠ 0:00 Cell phone/iPad Tutorial ★ 1:15 NICKEL BINGO★ 3:00 Healthy Habits with Rich★	9:00 Morning Stretch & Stretch Bands 9:30 Outdoor Water Balloon Toss 1:15 DIME BINGO on a MONDAY 3:00 Water Bottle - Flip Challenge	9:00 Morning Stretch & Stretch Bands	9:00 Morning Stretch & Stretch Bands 10:00 What's Cooking: Pasta	9:00 Morning Stretch & Stretch Bands 10:00 Trinity Baptist Bible Study with Mike and Karen 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO 1:15 NICKEL BINGO	GORGEOUS GRANDMA DAY! 25 Honoring and Celebrating the Beauty, Wisdom and Vitality 9:00 Morning Stretch & Stretch Bands 9:30 COUNTRY RIDE 9:30 Trip to: Krispy Kreme 10:00 Name That TUNES Challenge 1:15 NICKEL BINGO 2:30 Happy Hour/Birthday Bash 1 Happy Hour/Birthday Bash	9:00 Morning Stretch 9:30 New Hope Christian Fellowship with Pasto Curt M. 10:00 NICKEL BINGO 1:30 Movie Matinee 3:300 Board Game 1
8:30 Praising the Lord with Sam ★ 9:00 Morning Stretch 1:15 NICKEL BINGO 3:00 Afternoon Matinee ★	9:00 Morning Stretch & Stretch Bands 10:00 Veterans' Call for Coffee with Mr. Paul ★ 1:15 DIME BINGO on a MONDAY ★ 3:00 Bowling Day 5:00 Music with ED		9:00 Morning Stretch & Stretch Bands		All Events Are Subject to Change	HAPPY Ath of July! INDEPENDENCE DAY