

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	RESIDENT BIRTHDAYS: 02 John Leary 04 Beverly Stocking 04 Terry Iverson 05 Tony Jercich 17 Ron Lasater 24 Charlene Dunham 26 Pearl Hansen	STAFF BIRTHDAYS: 16 Irene Heryford 16 Steve Azevedo 21 Celina Herrera 27 Shelley Reyes		All Events Are Subject to Change	 AUGUST 18TH: PASSPORT TO HAWAII	Twist Day 1 9:00 Stretch and Strength: Morning Exercise - Let's do Retro Twist Workout ☕ 10:00 Social Saturday: Storytelling (Shared Journeys) ★ 1:15 Bargain Bingo: 5 cents per card ★ 3:00 Chair Yoga ★
2 8:30 Praising the Lord with Sam and Tom ★ 10:00 Stretch and Strength: Morning Exercise ☕ 10:45 Mexican Train Dominoes ★ 1:15 Bargain Bingo: 5 cents per card ★ 2:45 Cinema Sunday: Movie in Theatre Room 🎬	3 WATERMELON DAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Watercolor Watermelons 1:15 Monday Bingo Madness: Dime Day ★ 3:00 Watermelon Wedges and Word Wizardry ★	4 9:00 Stretch and Strength: Morning Exercise ☕ 9:30 Shopping: WALMART 🛒 10:00 Minute To Win It Games ★ 1:15 Bingo: Quarter for 4 Corners Day ★ 3:00 Manicures and Hand Massages ★	5 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Brainstorming with Residents and Activities ★ 1:15 Bingo: Dollar Dash Day Game 6 ★ 2:45 Happy Hour/Raffle Prizes ★ 6:00 After Dinner Yahtzee Group ★	6 "I LOVE LUCY" DAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Movie and Munchies: Best of I Love Lucy Comedy ★ 1:15 Theme: Lucy Look-Alike Contest - Bingo: Quarter for 4 Corners Day ★ 3:00 Lucy and Desi Hour with Bob from Rat Pack ☕	7 WATER BALLOON DAY 9:00 Stretch and Strength: Morning Exercise ☕ 9:30 Scenic Ride - Backroads Adventure 🚗 1:15 TGIF Bingo: Dollar Day Jackpot Game 6 ★ 3:00 Water Balloon Toss and Popsicle Treats with Jeanette from Vitas Healthcare 🐾	8 NATIONAL BOWLING DAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 STRIKE a Pose - Bowling ☕ 1:15 Bargain Bingo: 5 cents per card ★ 3:00 STRIKE, SPARE, TURKEY - Bowling Trivia ★
9 8:30 Praising the Lord with Sam and Tom ★ 10:00 Stretch and Strength: Morning Exercise ☕ 10:45 Social Sunday: Summertime Sentiments ★ 1:15 Bargain Bingo: 5 cents per card ★ 2:45 Cinema Sunday: Movie in Theatre Room 🎬	10 MIND MONDAY 9:00 Mind Muscle Connection: Stretch and Strength: Morning Exercise ☕ 10:00 Meditation for the Mind ★ 1:15 Bingo on the Brain ★ 3:00 Mind Challenges ★	11 INSTANT COFFEE LOVERS DAY 9:00 Stretch and Strength: Morning Exercise ☕ 9:30 Coffee, Croissants and Crafts: Coffee Filter Art ★ 10:00 Cache Creek 10am - 3pm 🚗 1:15 Perk Up Bingo: Quarter for 4 Corners Day ★ 3:00 Bethany Lutheran Bible Study with Carol W. 🎙️ 4:00 Girl Scout Cookie Sale 4p-5p 🍪	12 Complimentary Lunch for Residents' Son or Daughter Day (RSVP by 8/5) 9:00 Stretch and Strength: Morning Exercise ☕ 9:30 Hearing Aid Check with Dr. Dimitri (Private D/R) 10:00 St. Joseph - Catholic Mass ★ 1:15 Bingo: Buck-a-Fun Day Game 6 ★ 3:00 Family Matters - Sharing Stories ★ 6:00 After Dinner Yahtzee Group ★	13 SOUTHPAW DAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Southpaw Showdown ★ 1:15 Lefties Free Bingo: Quarter for 4 Corners Day ★ 2:45 Cindy on the Piano ☕ 3:00 Trinity Baptist Bible Study with Mike and Karen ★	14 CREAMSICLE DAY 9:00 Stretch and Strength: Morning Exercise ☕ 9:30 Trader Joe's Haul 🛒 1:15 Theme: Wear ORANGE for Orange Cream Bingo: Dollar Day Game 6 ★ 3:00 Creamsicle Social ★	15 FAMILY BINGO DAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Left Center Dice Game ★ 1:15 Family BINGO Day ★ 3:00 Needle Work Club with Marge P ★
16 TELL A JOKE DAY 8:30 Praising the Lord with Sam and Tom ★ 10:00 Stretch and Strength: Morning Exercise ☕ 10:45 Joking Jesters ★ 1:15 Bargain Bingo: 5 cents per card ★ 2:45 Cinema Sunday: Comedy in Theatre Room 🎬	17 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Poker with Pals ★ 1:15 Monday Bingo Madness: Dime Day ★ 2:45 Cindy on the Piano ☕	18 PASSPORT: HAWAII (Wear Floral) 9:00 Stretch and Strength: Morning Exercise ☕ 10:30 Island Praise Hula performers ☕ 1:15 Family & Friends Aloha/Luau Bingo ★ 2:45 Armchair Travel to Hawaii ★ 3:00 Mocktail - Hawaiian Punch ★	19 "Rock Around the Clock" Day - Dress in '50s Fashion 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Trivia Reminiscing - The fabulous '50s ★ 1:15 Bingo: ROCK' N BINGO ★ 2:45 Root Beer Floats Special ★ 6:00 After Dinner Yahtzee Group ★	20 SUMMER BLING JEWELRY SALE 11-3 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Color your World ★ 11:00 Summer Bling Jewelry Sale 🎁 1:15 Glitz Bingo: Quarter for 4 Corners Day ★ 3:00 Solano Care Presents: Seminar on Grief ★	21 NATIONAL SENIOR CITIZENS DAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:30 Hayley G. Performs Honoring Our Seniors ☕ 1:15 Bingo: Golden Dollar Day Game 6 (Free Bingo 90 years young and Older) ★ 3:00 Volunteer Performers - Tumble Weeds ☕	22 SUNFLOWER SATURDAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Painting Sunflower Scenes ★ 1:15 Bargain Bingo: 5 cents per card (Sunflower Social Bingo) ★ 3:00 Book Club - Readers' Roundtable 🎙️
23 SUNGLASSES SUNDAY 8:30 Praising the Lord with Sam and Tom ★ 10:00 Stretch and Strength: Morning Exercise ☕ 10:45 Sunglasses and Smiles Social ★ 1:15 Sunglasses Sunday Bingo: 5 cents per card ★ 2:45 Cinema Sunday: Men in Black 🎬	24 BEACH DAY 9:00 Beach Bodybuilding: Stretch and Strength: Morning Exercise ☕ 10:00 Beach Ball Bop ☕ 1:15 Beach Bingo ★ 3:00 Beach Boys Billboards and Billiards ★	25 TREATS WITH ALONDRA IN ACTIVITY ROOM 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Veterans' Call for Coffee with the Marine Corps ★ 1:15 Bingo: Quarter for 4 Corners Day ★ 2:45 Summer Treats with Alo in Activity Room ★ 4:00 Girl Scout Cookie Sale 4p-5p 🍪	26 AUGUST BIRTHDAYS CELEBRATION 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Residents' Council Meeting ★ 1:15 Birthday Star Bingo ★ 2:45 Birthday Spotlight Social - with Cake, Cheers and Raffle Prizes ★ 6:00 After Dinner Yahtzee Group ★	27 GOLF PUTTING DAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Putting for Prizes ☕ 1:15 Tee Off Bingo: Quarter for 4 Corners Day ★ 2:45 Cindy on the Piano ☕ 3:00 Trinity Baptist Bible Study with Mike and Karen ★	28 BINGO BONANZA WITH VOLUNTEERS 9:00 Stretch and Strength: Morning Exercise ☕ 9:30 Scenic Ride 🚗 10:00 Poker Game ★ 1:15 Bingo Bonanza with Volunteers ★ 3:00 What's Cooking? Summer Fruit Salad ★	29 Getting to Know You Day 9:00 Stretch and Strength: Morning Exercise ☕ 9:30 Frozen Adventure at Foster Freeze 🚗 1:15 Bargain Bingo: 5 cents per card. Show and Tell: Sharing Treasures." ★ 3:00 Welcome Wagon Visit with Cornerstone Ambassadors
30 8:30 Praising the Lord with Sam and Tom ★ 10:00 Stretch and Strength: Morning Exercise ☕ 10:45 Rummikib ★ 1:15 Bargain Bingo: 5 cents per card ★ 2:45 Cinema Sunday: Movie in Theatre Room 🎬	31 MARSHMALLOW MONDAY 9:00 Stretch and Strength: Morning Exercise ☕ 10:00 Tossing Marshmallows ★ 1:15 Monday Bingo Madness: Dime Day ★ 3:00 Master Your Mind While Enjoying Marshmallow Treats ★					